

Created by The Gottman Institute

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## Couples Workshop

MODERATED

# THE ART AND SCIENCE OF LOVE

APRIL 21<sup>2022</sup>  
MAY 19

REGISTER  
[ammiraticounseling.com](http://ammiraticounseling.com)

What do successful couples do to foster romance and harmony in their relationships? Find out at this unique couples workshop created by the foremost relationship experts.

## WHAT YOU RECEIVE

- 5 weekly Q&A and discussion Zoom meetings with Terri
- Weekly virtual one-on-one Help Time with Terri
- Lifetime access to video lessons featuring Drs. John & Julie Gottman
- Tools and worksheets that outline actionable step-by-step Gottman Method instruction, and the supporting research.
- Gottman relationships apps

## WHAT YOU GAIN

- Improve physical, emotional and mental intimacy
- Recognize and counter the 4 primary behaviors that lead to divorce
- Manage conflict and find resolutions to on-going fight
- Discover and pursue your lifelong dreams as an individual and as a couple
- Develop problem-solving skills as a partnership



### PROVEN

Show to achieve results similar to 6 months of marital therapy.



### DATA-DRIVEN

Access 40+ years of research with 3,000+ couples.



### FOR ALL COUPLES

Provides a roadmap to improve your relationship — no matter what stage it's in.

CERTIFIED  
GOTTMAN  
THERAPIST



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