



**AMMIRATI  
COUNSELING**

Empowering Your Relationships

2211B Lakeside Drive  
Bannockburn, IL 60015

Phone: (847)217-9381  
Fax (224)544-5575

**Intake Assessment**

(To be completed by each individual attending each session)

Client's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Age \_\_\_\_\_ Sex: M / F Marital Status: \_\_\_\_\_

Address: \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Referral Name \_\_\_\_\_

**For Couples**

Are you currently in individual therapy?

No  Yes (If Yes) Therapist's Name \_\_\_\_\_

**Precipitating Factors**

In general terms, why are you seeking counseling at this time:

\_\_\_\_\_

What would you like to accomplish out of your time in therapy?

\_\_\_\_\_

**Treatment History**

Outpatient:  No  Yes Date(s) \_\_\_\_\_ (If Yes) Previous Therapist \_\_\_\_\_

Inpatient:  No  Yes Date(s) \_\_\_\_\_ (If Yes) Previous Therapist \_\_\_\_\_

**Current or Recent General Symptoms**

(Please Circle)

Appetite Change  
Self Injurious Behavior  
Isolation  
Truancy

Loss of Interest  
Lying  
Hopeless  
Sad

Frequent Anger  
Despondent  
Tearful  
Feelings of Guilt

Disturbed Sleep  
Illegal Behaviors  
Motivation Loss  
Damaging Property

Mood Swings  
School Problems  
School Anxiety  
Poor Judgement  
Rebellious  
Other: \_\_\_\_\_

Physical Complaints  
Cruel to Animals  
No Energy  
Restless  
Suicidal Thoughts

Bullying/Fighting  
Increased Energy  
Relationship Problems  
Hyperactive/ADHD  
Homicidal Thoughts

Impulsivity  
Racing Thoughts  
Impaired Social Ability  
School Refusal  
Suicidal Attempts



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## Current or Recent Anxiety or OCD Symptoms (Please Circle)

Restless	Panic Attacks	Obsessions	Unable to Function
Fears	Paranoid/Suspicious	Worrying	Ruminating
Cleanliness	Orderliness	Avoiding	Hair Pulling
Skin Picking	Impulses/Tics	Counting	Reassurance Seeking
Checking	Repeating	Washing	Hoarding
Thought Spinning	Trauma Flashbacks	Other: _____	

## Current or Recent Other Symptoms

Disoriented/Confused	Hallucinations	Delusions
Aggression/Hostility	Severe Paranoia	Disorganized Thoughts
Disorganized Speech	Racing Thoughts	False Beliefs
Excited Behaviors	Memory Impairment	Wandering
Other: _____		

Any current or past eating disorder behaviors? \_\_\_\_\_  
\_\_\_\_\_

Any current or past substance abuse behaviors? \_\_\_\_\_  
\_\_\_\_\_

Current Withdrawal Symptoms: \_\_\_\_\_  
\_\_\_\_\_

Current Medical Conditions and Allergies: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Current Medications

Medication name and dosage _____	Prescribing MD _____
Medication name and dosage _____	Prescribing MD _____
Medication name and dosage _____	Prescribing MD _____
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**Relationship Status**  
(Please Circle)

Single Married Partnered Separated Divorced Widowed Other \_\_\_\_\_

Relationship satisfaction: \_\_\_\_\_  
\_\_\_\_\_

**Current Household**

Please list the names, ages and relationships of the people living in your home:

Name	Age	Relationship	Comments
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Current or Recent Employment**

Job title or function \_\_\_\_\_ Company \_\_\_\_\_

How symptoms have interfered with employment responsibilities \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Current or Recent Education**

Name of school \_\_\_\_\_ Year or grade \_\_\_\_\_

How symptoms have interfered with school responsibilities \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Spirituality and Faith**

Do you identify with a religion or faith? Y / N If so, which religion or faith? \_\_\_\_\_

How have symptoms affected or been affected by religion or faith? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_